

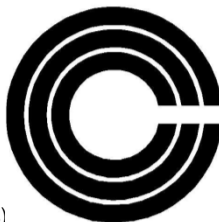
# RESULT SHEET

## 'DIANA COOKE MEMORIAL'

### 10 MILE TIME TRIAL

#### 4th May 2013, course K41/10

(Promoted for and on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)



FOUNDED JUNE, 1935

# COVENTRY CYCLING CLUB

Event Organiser: Jon Wood [www.coventrycyclingclub.co.uk](http://www.coventrycyclingclub.co.uk)

7 Woodhouse Close  
Coventry  
CV3 2GN

Tel: 024 7645 2852

Officials

Timekeepers	Peter Bayliss & Roger Gillitt
Recorder	Carole Bayliss
Recorder's Assistant	Bob Allen
Start Stewards	Bob & Christine Prince

HQ Support

Catering	Pam Tallis & Steph Tallis
Number Stewards	John Rutter & Margaret Rutter
Results Board	Ian Kellaway & Barry Harden
HQ Steward	Joan Allen

Course Support

Marshals	Alan Parfrey, Andy Gardner, Norman Wood, John Cooper, Martyn Taylor, Rob Leahy Phill Davis and Sam Davis-Griffin
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### Women's Prizes

Fastest	Handicap	Vets on Std
1. Rebecca Slack £40	1. Anna Wordsworth £15	1. Rebecca Slack £12
2. Rosie Armitage £30	2. Alice Saltmarsh £12	2. Helen Boatman £10
3. Helen Boatman £25	3. Jayne Cheslin £10	3. Susan Semple £8
4. Emily Whitmore £20	4. Annis Moore £8	
5. Liz Powell £15		Lantern Rouge
6. Susan Semple £10		Kath Akoslovski

Fastest Team Stafford RC Susan Semple, Sue Smith, Annis Moore £10 + bottle each

### Men's Prizes

Fastest	Handicap	Vets on Std
1. Matt Clinton £30	1. Michael Riley £15	1. Jon Simpkins £12
2. Jon Simpkins £25	2. Andy Morgan £12	2. Richard Bradley £10
3. Scott Povey £20	3. Stephen Radmall £10	3. Phil Clark £8
4. Richard Bradley £15	4. Jason Piper £8	
5. James Perkins £10		U18 Fastest
		1. Michael Riley £10

Fastest Team Lutterworth Cycle Centre RT Nick Cave Edward Cox Jason Swann £10 each

**Tandem Prize** (scratch): Dave Overton & Colin Stiles £10

Many thanks for their kind donations to the prize list:

Eileen Sheridan, John Rutter, Bob Prince, Steph Tallis and Clair from Trek Coventry

Position	Name	Club	Actual Time	Handicap			Veterans Stds		
				Allowance	Time	Position	Target	+ / -	Position

Women

1	Rebecca Slack	Look Mum No Hands!	23:14	SCR	23:14	12	28:34	+ 05:20	1
2	Rosie Armitage	Team Echelon - ROTOR	23:34	00:57	22:37	5			
3	Helen Boatman	Team Milton Keynes	23:52	00:42	23:10	11	28:13	+ 04:21	2
4	Emily Whitmore	Team Echelon - ROTOR	24:30	01:40	22:50	8			
5	Liz Powell	MikeVaughan.co.uk	24:45	01:48	22:57	10			
6	Susan Semple	Stafford RC	24:46	00:07	24:39	23	28:39	+ 03:53	3
7	Suzu Patience	Banbury Star CC	24:54	00:08	24:46	24			
8	Libby McLaren	Coventry Road Club	25:01	01:33	23:28	15			
9	Claire Sadler	Baines Racing Silverstone Cycles	25:09	00:20	24:49	25	28:02	+ 02:53	8
10	Annis Moore	Stafford RC	25:22	03:20	22:02	4	28:29	+ 03:07	6
11	Louise Day	Team Jewson - MI Racing	25:43	01:42	24:01	19	29:09	+ 03:26	5
12	Linda Hubbard	Welland Valley CC	25:54	02:01	23:53	18	0.0199	+ 02:45	10
13	Cath Fenn	Warwick Uni Tri & Road CC	25:58	02:41	23:17	14	28:13	+ 02:15	13
14	Alice Saltmarsh	Cult Racing	25:59	04:26	21:33	2			
15	Sue Smith	Stafford RC	26:00	01:31	24:29	21	29:26	+ 03:26	4
16	Michelle Drakeley	Concorde CC	26:08	01:30	24:38	22	28:24	+ 02:16	12
17	Helen Eborall	Born to Bike - Bridgtown Cycles	26:26	01:30	24:56	26			
17	Kim Shaw	Team Cherwell Triathlon & Multisport	26:26	02:43	23:43	17	29:26	+ 03:00	7
19	Deborah Sheridan	Warwickshire RC	26:49	04:09	22:40	6	29:26	+ 02:37	11
20	Fay Barrington	Team Cherwell Triathlon & Multisport	27:10	04:16	22:54	9	28:19	+ 01:09	15
21	Judy Elson	Coventry CC	27:45	04:31	23:14	12	28:43	+ 00:58	16
22	Maira Goodway	Banbury Star CC	28:10	01:46	26:24	30	30:23	+ 02:13	14
23	Anna Wordsworth	Warwick Uni Tri & Road CC	28:19	07:29	20:50	1			
24	Annabel Fitzgerald	University of Birmingham CC	28:46	03:46	25:00	27			
25	Karen Riley	Birmingham Running & Triathlon	29:03	03:46	25:17	28			
26	Sophia Gibbs	Warwick Uni Tri & Road CC	29:11	03:46	25:25	29			
27	Jayne Cheslin	Stourbridge CC	29:30	07:32	21:58	3	28:13	- 01:17	18
28	Jenny-Louise Ollier	Coventry CC	29:59	06:21	23:38	16			
29	Clair Parfrey	Coventry CC	30:08	07:28	22:40	6	28:53	- 01:15	17
30	Gill Henshaw	VC Long Eaton	31:04	03:26	27:38	31	33:52	+ 02:48	9
31	Julie Hinds	Coventry CC	31:50	07:27	24:23	20	29:20	- 02:30	19
32	Christiane Parker	Warwick Uni Tri & Road CC	33:54	03:46	30:08	32			
33	Kath Akoslovski	Leicester Triathlon Club	35:52	03:46	32:06	33	29:38	- 06:14	20

Women's Team

1	Stafford RC	1:16:08	Susan Semple, Annis Moore, Sue Smith
2	Warwick Uni Tri & Road	1:23:28	Cath Fenn, Anna Wordsworth, Sophia Gibbs
3	Coventry CC	1:27:52	Judy Elson, Jenny-Louise Ollier, Clair Parfrey

Claire Jackson	Birmingham Running & Triathlon	DNS	Apol
Rachel Vann	Worcester St. Johns CC	DNS	Apol
Emily Upton	Stafford RC	DNS	Apol
Janet Marsden	Warwickshire Police Cycle Club	DNS	Apol
Jacqui Phillips	Fred Williams RT	DNS	
Arja Scarsbrook	Team Echelon - ROTOR	DNS	

Tandems

1	Dave Overton	Warwick Uni Tri & Road CC	23:57
	Colin Stiles	Rugby Velo	

## Organiser's Comments

We had an extremely varied field this year - from national champions to first timers to those racing for the first time in over 20 years. For those of you using our event as part of your preparation for the National 10mile championship I hope it suited your purpose. I am aware that some riders do not like the current state of the surface - it is slow and uncomfortable, but not unsafe. The alternative of a faster course on the busy A45 is also disliked by other riders, particularly newcomers. I wish there was a choice that ticked every box - the course we use is a decision we review every year and hope to achieve the best balance.

The ladies' event was the first counter in the 2013 Midlands Women's TT Series. See <http://www.midlanddc.org.uk/womens-series-2013> for full details

A selection of photos taken at the event are viewable online at <http://www.flickr.com/photos/mixamod/sets/72157633435141632/with/8715384272/>

I must thank the other 22 helpers who turn out on race day and are the main reason for the success of the event. I will single out for special mention Bob Allen and Bary Harden who are responsible for the course signage that so many of you comment positively on, and Pam Tallis for many a night's baking to provide a variety of cakes for your post race refreshment.

Once again we failed to hold the presentation as early as we had hoped. To speed things up in future years we will restrict the presentation to the ladies' event.

Position	Name	Club	Actual Time	Handicap			Veterans Stds		
				Allowance	Time	Position	Target	+ / -	Position
Men									
1	Matt Clinton	MikeVaughan.co.uk	20:21	01:05	19:16	8			
2	Jon Simpkins	www.drag2zero.com	20:41	SCR	20:41	42	26:09	+ 05:28	1
3	Scott Povey	Warwickshire RC	21:11	01:21	19:50	19			
4	Richard Bradley	Team Echelon - ROTOR	21:18	01:08	20:10	29	26:27	+ 05:09	2
5	James Perkins	Team Zenith - Buzz Cycles	21:22	01:34	19:48	18			
6	David Kiernan	Team Corley Cycles	21:38	01:40	19:58	22			
7	Xavier Disley	University of Birmingham CC	21:40	02:27	19:13	7			
8	Phil Clark	Rugby Velo	22:09	02:35	19:34	12	26:45	+ 04:36	3
9	Shaun Eden	Mapperley CC	22:14	01:02	21:12	54			
10	Nick Cave	Lutterworth Cycle Centre RT	22:20	02:29	19:51	20	26:32	+ 04:12	7
11	Russell Jelly	Mapperley CC	22:21	01:52	20:29	35			
12	Alistair Semple	Stafford RC	22:25	01:01	21:24	59	26:23	+ 03:58	8
13	Tim Hastie	Team Jewson - MI Racing	22:31	01:52	20:39	40			
14	Mark Mullender	Walsall Roads CC	22:33	01:55	20:38	39	26:50	+ 04:17	5
15	Rob Weare	Leamington C&AC	22:34	02:00	20:34	38	26:54	+ 04:20	4
16	David Schofield-Newton	Daventry CC - LeisureLakesBikes.com	22:36	02:08	20:28	33	26:50	+ 04:14	6
17	Sean Vincent	Team Zenith - Buzz Cycles	22:41	01:41	21:00	50	26:13	+ 03:32	14
18	Ian Heming	Stratford-upon-Avon CC	22:42	02:55	19:47	16			
19	Jeremy Stone	Solihull CC	22:46	02:28	20:18	32	26:36	+ 03:50	9
20	Matthew Moore	Stafford RC	22:48	03:24	19:24	10	26:32	+ 03:44	11
21	Jonathan Sadler	Baines Racing Silverstone Cycles	22:50	01:27	21:23	58	26:23	+ 03:33	13
22	Matthew Nicholls	Walsall Roads CC	22:52	01:05	21:47	65			
23	Richard Palmer	VC 10	22:53	01:48	21:05	52			
23	Edward Cox	Lutterworth Cycle Centre RT	22:53	02:20	20:33	36	26:09	+ 03:16	16
25	Ross Barton	North Notts Olympic RC	22:55	01:29	21:26	60			
25	Jason Swann	Lutterworth Cycle Centre RT	22:56	01:02	21:54	69			
27	Michael Stallard	Stratford-upon-Avon CC	23:01	02:51	20:10	29	26:13	+ 03:12	17
28	Gez Taylor	Clevedon & District RC	23:09	02:29	20:40	41	26:27	+ 03:18	15
29	Adnan Saitihna	Solihull CC	23:19	03:12	20:07	27			
30	Matt Jones	Rugby Racing CC	23:22	02:55	20:27	33			
31	Andy Morgan	Coventry Road Club	23:38	05:52	17:46	2	26:36	+ 02:58	18
32	Michael Riley	Team Jewson - MI Racing	23:39	06:03	17:36	1			
33	Greg Ashley	Team Jewson - MI Racing	23:49	03:41	20:08	28	26:27	+ 02:38	21
34	Richard Chamberlain	Coventry Road Club	23:50	02:47	21:03	51	26:36	+ 02:46	20
34	Mark White	Bike Science Derby	23:50	02:31	21:19	57	26:13	+ 02:23	25
36	Peter Ward	Team Echelon - ROTOR	23:52	03:35	20:17	31	26:04	+ 02:12	27
37	Peter Delves	Coventry Road Club	23:54	03:53	20:01	25	27:38	+ 03:44	11
38	John Herring	Leamington C & AC	23:57	02:59	20:58	48	27:44	+ 03:47	10
39	Chris Parsons	Rugby Racing CC	24:08	04:24	19:44	14	26:32	+ 02:24	24
40	Jonathan Howles	Walsall Roads CC	24:16	02:24	21:52	68	26:18	+ 02:02	29

Position	Name	Club	Actual Time	Handicap			Veterans Stds		
				Allowance	Time	Position	Target	+ / -	Position

Men (cont)

41	Andy Parmee	Leicester Tri Club	24:18	04:48	19:30	11	26:18	+ 02:00	30
42	Stephen Radmall	Hinckley CRC	24:23	06:05	18:18	3	26:54	+ 02:31	22
43	Jonathan Ellis	Royal Sutton CC	24:31	03:39	20:52	45			
44	David Kimberley	Rugby RCC	24:37	03:39	20:58	49	26:36	+ 01:59	31
45	Robert Frowen	Team Chervell Triathlon & Multisport C	24:42	02:55	21:47	65	27:32	+ 02:50	19
46	Joe Atkins	Coventry Road Club	24:43	05:32	19:11	6			
47	John Steele	Wrekinsport CC	24:54	05:51	19:03	5	26:18	+ 01:24	40
48	Russell Green	Team Jewson - MI Racing	25:02	03:33	21:29	61	26:41	+ 01:39	38
49	Lloyd Walton	Stratford-upon-Avon CC	25:07	05:27	19:40	13			
50	Keith Walton	Stratford-upon-Avon CC	25:10	05:12	19:58	22	27:32	+ 02:22	26
51	Mark Burnham	Coventry Road Club	25:14	04:23	20:51	44	26:50	+ 01:36	39
52	David Parkes	Coventry Road Club	25:16	05:30	19:46	15	27:26	+ 02:10	28
53	Mark Farrar	Coventry Road Club	25:19	05:32	19:47	16	26:27	+ 01:08	41
54	Peter Ackroyd	Cheltenham & County CC	25:21	03:49	21:32	62	27:09	+ 01:48	37
55	Lewis Jones	Rugby Racing CC	25:23	04:50	20:33	36			
56	Martyn Shore	Walsall Roads CC	25:29	03:18	22:11	71			
57	Brian Jones	Halesowen C & AC	25:52	04:59	20:53	46	27:51	+ 01:59	31
57	Shin Braich	Leamington C & AC	25:52	05:56	19:56	21	26:23	+ 00:31	44
59	Jason Piper	Coventry Road Club	25:55	06:56	18:59	4			
60	Carl Nash	Coventry CC	26:09	06:48	19:21	9	25:59	- 00:10	46
61	John Grumbley	Coventry Road Club	26:14	04:57	21:17	55	28:42	+ 02:28	23
62	Rod Remedios	Walsall Roads CC	26:17	04:23	21:54	69	28:06	+ 01:49	36
63	Mark Shore	Walsall Roads CC	26:25	03:43	22:42	74	27:04	+ 00:39	43
64	Greg Hodges	Coalville Wheelers	26:30	04:45	21:45	64	28:23	+ 01:53	34
64	Tony Smith	Leamington C & AC	26:30	04:42	21:48	67	28:23	+ 01:53	34
66	Bob Awcock	Coventry Road Club	26:53	06:53	20:00	24	28:52	+ 01:59	31
67	Martin Bubb	Coventry CC	27:20	05:48	21:32	62	26:09	- 01:11	50
68	Patrick Weir	Rugby Racing CC	27:25	06:36	20:49	43	27:51	+ 00:26	45
69	John Dainty	Rockingham Forest Wheelers	27:48	06:42	21:06	53	27:38	- 00:10	46
70	Phil Gambles	Walsall Roads CC	27:53	05:12	22:41	73	28:52	+ 00:59	42
71	Steve Mountford	Solihull CC	28:30	03:22	25:08	75	26:54	- 01:36	51
72	Peter Akoslovski	A5 Rangers	28:40	07:22	21:18	56	27:32	- 01:08	49
73	Anthony Hutton	Welland Valley CC	28:48	08:47	20:01	25	28:32	- 00:16	48
74	Norman Fenn	Tricycle Assoc Midlands	31:36	10:41	20:55	47	29:39	- 01:57	52
75	Peter Rose	Mercia CC	33:18	11:03	22:15	72	28:52	- 04:26	53
76	Rohan Trainor	Team Jewson - MI Racing	49:33 *	05:32	44:01	76			

\* off course

Mens Teams

1	Lutterworth Cycle Centre RT	1:08:09	Nick Cave, Edward Cox, Jason Swann
2	Walsall Roads CC	1:09:41	Mark Mullender, Matthew Nicholls, Jonathan Howles
3	Team Jewson - MI Racing	1:09:59	Tim Hastie, Michael Riley, Greg Ashley
4	Stratford-upon-Avon CC	1:10:50	Ian Heming, Michael Stallard, Lloyd Walton
5	Coventry Road Club	1:11:22	Andy Morgan, Richard Chamberlain, Peter Delves
6	Rugby Racing CC	1:12:07	Matt Jones, Chris Parsons, David Kimberley
7	Solihull CC	1:14:35	Jeremy Stone, Adnan Saithna, Steve Mountford
8	Leamington C & AC	1:16:19	John Herring, Shin Braich, Tony Smith

Ian Wroblewski	Lutterworth Cycle Centre RT	DNF
Andy Barnard	Bourne Wheelers	DNF
John Davidson	Welland Valley CC	DNS Apol
Rob Nicholls	Worcester St. Johns CC	DNS Apol
Grant Warwick	Welland Valley CC	DNS Apol
Mike Wheeler	Lutterworth Cycle Centre RT	DNS Apol
Mike Davis	Beeston Road Club	DNS Apol
Philip Pride	Rugby Velo	DNS
Michael Stellakis	Stratford-upon-Avon CC	DNS
Mark Phillips	Fred Williams RT	DNS
James Hepburn	Royal Sutton CC	DNS
William Vetcher	Melton Olympic CC	DNS
Edward Priddy	Solihull CC	DNS