



FOUNDED JUNE, 1935

**COVENTRY  
CYCLING  
CLUB**

## **'THE EILEEN SHERIDAN' OPEN 10 MILE TT**

**8<sup>th</sup> August 2020, COURSE K11/10T**

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser: Barry Harden  
29 Guilsborough Road  
COVENTRY  
CV3 2HL.  
Phone 024 7645 6944  
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Event Headquarters: Dunchurch Sportsfield & Village Hall,  
Rugby Road,  
DUNCHURCH,  
Rugby.  
CV22 6PN.

**First Woman Starts at 2.01 pm**

**First Man Starts at 2.36 pm**

Officials:	Timekeepers;	Peter Bayliss & Laurie Bird
	Recorder;	Carole Bayliss
	Timekeepers Spotter;	Martin Bubb
	Start Steward;	Jason Noone Rob Chatwin
	CTT Observer;	Barry Harden
	Number Steward;	Bob Allen
	Results Service;	Jason Noone & Jon Wood
	Marshalls;	Andy Gardner, Andy Delaney, Sam Griffin Davis, Phil Davis & Julie Hinds

### ***CTT Regulations & Recommendations:***

This Event is being run in line with the current CTT Covid-19 Risk Assessment which Competitors are requested to familiarise themselves with. Due to these restrictions there will be no changing facilities, Result Board or catering available at the HQ. Only Car Parking, Toilet facilities & Competitor Registration will be available. Warming up on Turbo's in the Car Park is discouraged, please find somewhere off site to do so or warm up on the road.

Competitors are reminded that it is now compulsory to have a **Working Rear Light** fitted to their machines; **no light no ride**.

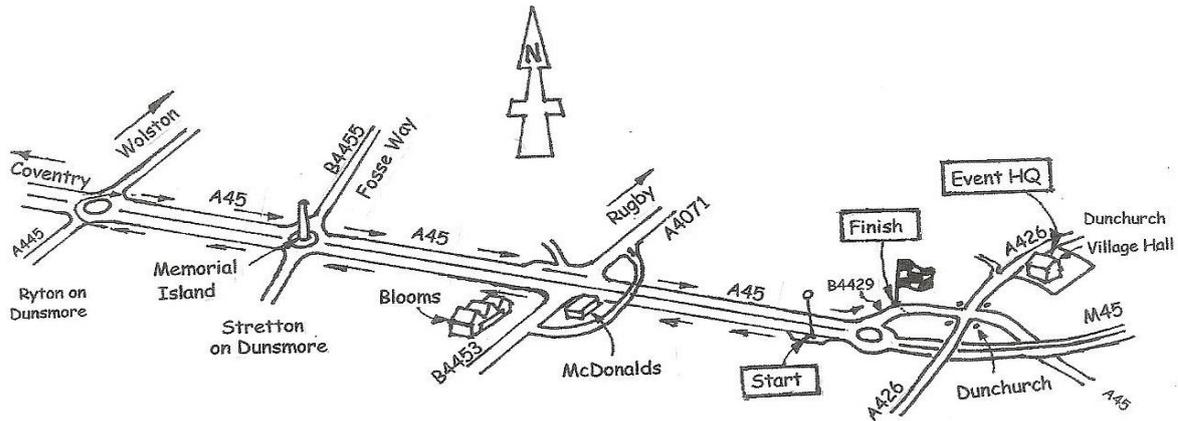
Remember you must **'Sign Off'** as well as **'Signing On'**.

It is recommended that hard-shell helmets that meet a recognised International Safety Standard should be worn; this is compulsory for U18's, (see Regulation 15).

[www.coventrycyclingclub.co.uk](http://www.coventrycyclingclub.co.uk)

### Course Description:

- SP 462 716: **START**; In the Lay-by 200 yards west of the A45/M45 Thurlaston Island at the 3<sup>rd</sup> joint in the concrete apron. Ride West along the A45.
- SP 415 732: At the Fosse Way Island, (A45/B4455), take the 2<sup>nd</sup> exit to continue on the A45.
- SP 391 741: At the next Island, (A45/A445), take the 4<sup>th</sup> exit to retrace along the A45.
- SP 414 732: At the Fosse Way Island, (A45/B4455), take the 2<sup>nd</sup> exit to continue on the A45.
- SP 465 715: At the A45/M45 Island, take 1<sup>st</sup> exit onto the B4429 towards Thurlaston/Dunchurch.
- SP 465 715: **FINISH**; 60 yards past the right turn to Thurlaston, (Main Street); in line with the Eastern (exposed) Gate Post; immediately past the property named 'Newhaven'.



Course: K11/10T

### Competitors Notes:

Any Competitor who resides in an area affected by local lockdown should inform the Organiser & such Competitor should not start the Event.

With a lack of changing facilities please consider arriving dressed in your riding apparel.

HQ Car Parking will be available from 12.30 pm. Please park on the overflow Gravelled area & adjacent sports field grass, parallel to the hedge. There is a large Entry so please keep parking regimented & reasonably compact but mindful of Social Distancing.

A new set of disposable numbers & new pins will only be issued to Competitors personally when they have 'Signed On'; please remember to bring your own pen & **also that you required to 'Sign Off' after you ride.**

Note this is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

It is two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper but do not arrive more than a few minutes before your slot, (Social Distancing).

**Please do not warm up on the Course once the Events have started, (14.01),** we have previously had complaints from other Competitors, **particularly on the B4429 run in to the Finish** where Competitors have needed to either brake or pull out in front of vehicles approaching from behind due to riders warming up. It also causes considerable confusion for the Finish Timekeeper. We suggest using the A45 to the East of Dunchurch for your warm up if necessary, (in the direction of Willoughby & Daventry). **Any rider failing to comply with this request risks disqualification.**

Handicaps have been set according to data taken from the CTT Standard Chart, based on best times at the distance during the last three years where this has been available.

### **PRIZE LISTS:**

Note: Prizes will be forwarded with a Result Sheet within seven days of the Event.

Age Categories, (age on day), Jnr 15-18, Esp 19-21, S 22-39, A 40-44, B 45-49, C 50-54, D 55-59, E 60-64, F 65-69, G 70 & over.

Age category Prizes will not be awarded to Competitors who have qualified for another Prize other than Team Prizes.

#### **Women's Event**

	<b>Fastest</b>		<b>Best on Handicap</b>
First	£45	First	£20
Second	£35	Second	£15
Third	£25	Third	£10
Fourth	£20		
Fifth	£15		

Fastest in each Age Group £15

Fastest Club Team of 3 Riders £15 each.

Many thanks to JR & DT for their kind donations towards the Womens' Prize List

#### **Men's Event**

	<b>Fastest</b>		<b>Best on Handicap</b>
First	£45	First	£20
Second	£35	Second	£15
Third	£25	Third	£10
Fourth	£20		
Fifth	£15		

Fastest in each Age Group £15

Fastest Club Team of 3 Riders £15 each.

### **Why Eileen Sheridan:**

This Event has been named to celebrate the achievements of our long standing Club President Eileen Sheridan. This Coventry born lady was one of the early Members of Coventry Cycling Club when it was founded in 1935. In 1945, only a year after competing in her first race, Eileen became Women's National 25 Mile Champion. Following a break when her son was born she once again resumed her career; during 1949 & 1950 Eileen became Women's National Champion at 25, 50 & 100 Miles & W.B.A.R. Not surprisingly the success of this Pocket Rocket, a diminutive sized lady with a giant sized ability & demeanour, came to the notice of the Hercules Bicycle Company who gave her a Professional Contract to pursue Long Distance Place to Place Records.

During the late 1940's & 1950's Eileen broke all twenty one of the Women's Road Record Association Records; three of which still stand to this day. After beating the classic Lands' End to John O'Groats record by 11 hours she was put back on her bike to continue to also break the 1000 Mile Record as well; she says she can still recall the effort it took quite vividly.

Throughout her life Eileen, now well into her 90's, has always tried to encourage Women to take part in our chosen sport, especially those who have taken up the challenge & broken most of her long standing Records as I am sure they would each personally confirm.

*Barry H.*