

MIDLAND DISTRICT COMMITTEES' OPEN 50 MILE TIME TRIAL.

13th SEPTEMBER 2020, COURSE K10/50

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser: Barry Harden
29 Guilsborough Road
COVENTRY
CV3 2HL.
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Mobile on the day 07791 212425
'E mail': barryaharden@aol.com

Event Headquarters: 'KELLER' Ltd,
Oxford Road,
Ryton on Dunsmore,
Warwickshire.
CV8 3EG.

First Rider Starts at 8.01 am

Officials:	Timekeeper;	Charlie Barnett
	Start Steward/Recorder;	Laurie Bird
	Number Steward;	Bob Allen
	Results Service;	Ian Kellaway, Jason Noone & Jon Wood
	Marshalls;	DC Committee Members with help from friends & local Clubs

CTT Regulations & Recommendations:

This Event is being run in line with CTT's current COVID-19 Risk Assessment which Competitors are requested to familiarise themselves with. Due to these restrictions there will be no changing facilities, Result Board or catering available at the HQ. Only Car Parking, Toilet facilities & Competitor Registration will be in place. Warming up on Turbo's in the Car Park is discouraged, please find somewhere off site to do so or warm up on the road.

Competitors are reminded that it is now compulsory to have a **Working Rear Light** fitted to their machines; **no light no ride**.

It is recommended that hard-shell helmets that meet a recognised International Safety Standard should be worn; this is compulsory for U18's, (see Regulation 15).

Any Competitor who resides in an area affected by local lockdown should inform the Organiser & such Competitor should not start the Event.

With a lack of changing facilities please consider arriving dressed in your riding apparel.

HQ Car Parking will be available from 7.00 am please remain mindful of Social Distancing.

A new set of disposable numbers & pins will only be issued to Competitors personally when they have 'Signed On'; **please remember to bring your own pen & also that you are required to 'Sign Off' after you ride.**

This is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

It is two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper but do not arrive more than a few minutes before your slot, (Social Distancing).

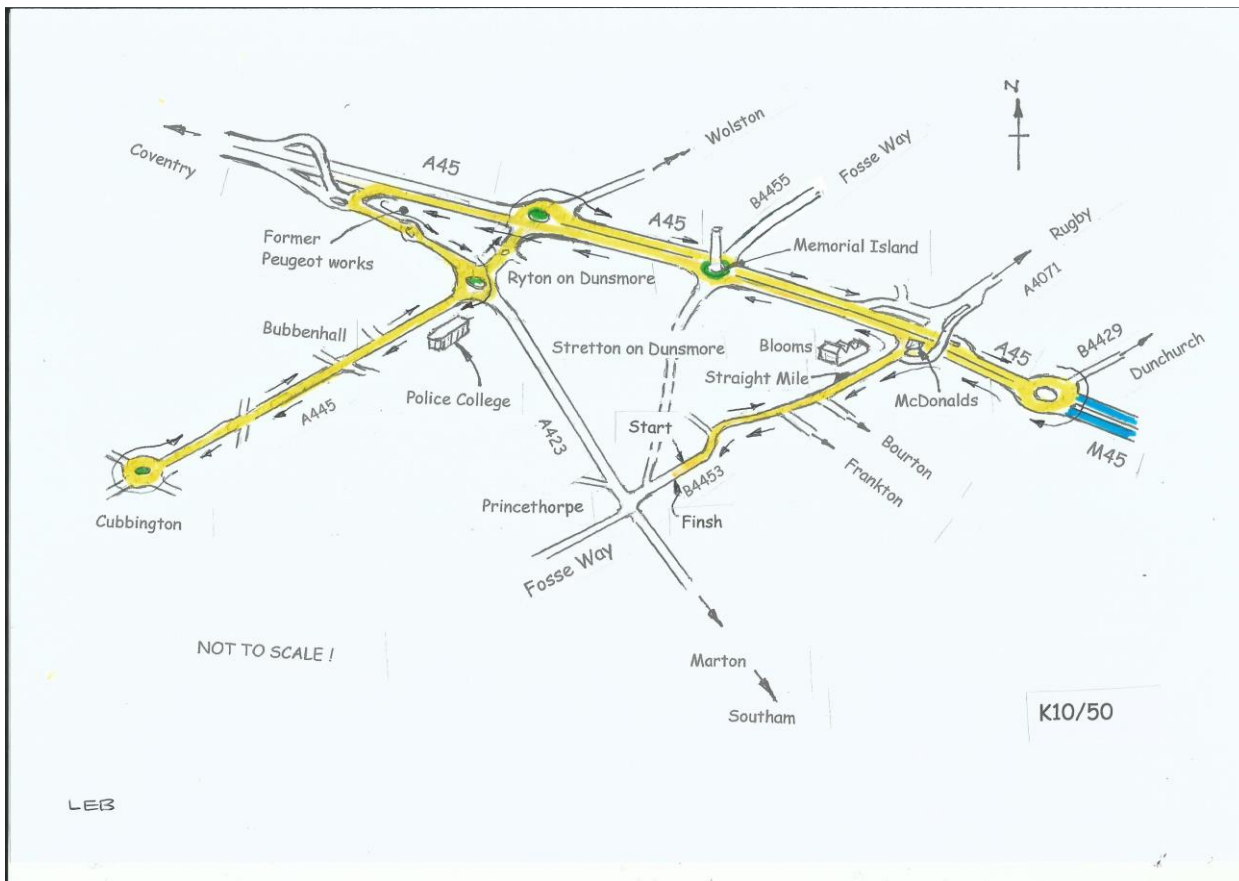
Every Competitor is to Self Start, no assistance will be allowed.

Please do not warm up on the Course once the Event has started, (8.01 am).

K10/50 Course Description:

Grid ref	Details	Miles
SP 408 709	Start on B4453 (Princethorpe - Rugby road) 0.6 mile east of junction with A423 at Princethorpe; in line with TP90 on left, opposite drive to "Sunnycrest"	0
SP 449 720	Proceed to junction with A45. Turn left (A45 westbound slipway)	2.5
SP 415 732	At island junction with B4455 (Fosse way) take second exit (A45)	4.9
SP 391 741	At island junction with A445 take second exit	6.5
SP 373 751	Take sliproad to A423 beyond new warehouse site, formerly Peugeot works	7.9
SP 373 749	Exit sliproad proceed to island: give way and take second exit (A423)	8
SP 376 744	At Prologis island take second exit to continue on A423	8.5
SP 382 734	At Police College island A423/A445 take third exit towards Leamington Spa (A445)	9.1
SP 329 688	At Cubbington (West Hill Farm island), encircle island and take 4th exit to retrace Northbound (A445)	13.6
SP 382 735	At Police College island A423/A445 take second exit towards Wolston (A445)	18.1
SP 386 739	At mini-roundabout take second exit (Leamington Road towards Wolston on A445)	18.4
SP 391 741	At island junction with A45 take third exit. Proceed East along A45	18.8
SP 415 732	At island junction with B4455 (Fosse way) take second exit (A45)	20.5
SP 465 715	At M45 island at Thurlaston encircle island and retrace along A45.	23.9
SP 415 732	At island junction with B4455 (Fosse way) take second exit (A45)	27.3
SP 391 741	At island junction with A445 take second exit	28.9
SP 373 751	Take sliproad to A423 beyond new warehouse site, formerly Peugeot works	30.3
SP 373 749	Exit sliproad proceed to island: give way and take second exit (A423)	30.4
SP 376 744	At Prologis island take second exit to continue on A423	30.9
SP 382 735	At Police College island A423/A445 take third exit towards Leamington Spa (A445)	31.5
SP 329 688	At Cubbington (West Hill Farm island), encircle island and take 4th exit to retrace Northbound (A445)	36
SP 382 735	At Police College island A423/A445 take second exit towards Wolston (A445)	40.5
SP 386 739	At mini-roundabout take second exit (Leamington Road towards Wolston on A445)	40.8
SP 391 741	At island junction with A45 take third exit. Proceed East along A45	41.2
SP 415 732	At island junction with B4455 (Fosse way) take second exit (A45)	42.9
SP 465 715	At M45 island at Thurlaston encircle island and retrace along A45.	46.3
SP 452 720	At junction with B4453 ("Blue Boar") turn left onto sliproad (marked A4071) to B4453, avoiding entrance to Service Station. (B4453)	47.5
SP 407 708	Proceed to finish on B4453 approx 150 yds beyond start. Finish is located next to drain cover on left hand side, 40 yds before 'Princethorpe' road sign.	50

COURSE MAP:



NOTE:

Provisional Times should be available shortly after you have finished your rides on:
<https://sites.google.com/view/middc>

PRIZE LIST:

Fastest Men		Fastest Women	
First	£40	First	£40
Second	£30	Second	£30
Third	£25	Third	£25
Fourth	£20	Fourth	£20
Fifth	£15	Fifth	£15

Fastest in each Age Group £15

Age Categories, (age on day), Esp 18-22; S 23-39; A 40-44; B 45-49; C 50-54; D 55-59; E 60-64; F 65-69; G 70 & over.

Age Category Prizes will not be awarded to Competitors who have qualified for another Prize.

Prizes will be forwarded with a Result Sheet within seven days of the Event.